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**Programme**: FY BBA

ISP: Fold Unfold and Refold



## **Documentation for ISP**

It has been hell lot of crazy journey in this 10 days. Never have I ever imagined in my life that I would be doing these things which are not at all related to my studies. I got fold unfold and refold as my ISP course it was already in my interest areas. I am a type of person who would not utter a single word until forced. But this course changed me as a person I started talking with different people from different fields in fact I learnt how to talk with strangers.

So as the course begin we were undertaken through many different activities which included different paper folding techniques, storytelling as well as storytelling through the medium of paper. We were given different topics and we were supposed to do research on it and then do a story telling through paper. Field work has been a major part of this journey. Our final project was to make a map book for a specific area and do a story telling through that map book about the people living over there.

What I learned from this course is how to use paper folding. How to think critically which includes giving feedback to my peer members. And, how to see through

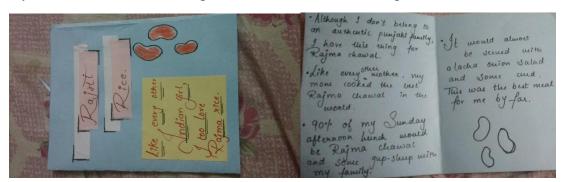
unfamiliar perspective. The most important part of my learning is thinking beyond what is good and bad.

For me what I think was a difficulty for me was the fieldwork because I had my own beliefs about people living in that area. Many of them were not interested to talk with me and literally ignored me but there were people on the other hand who were really warm hearted and second thing what I feel was a difficulty for me was connecting with people who are no way related to me but I think I managed it to somehow overcome it and now I see myself talking with everyone trying to know about their journeys and life.

As I mentioned above I was a total introvert but at the end of the course, when I look back I see myself talking to everyone and knowing about them and learnt in believing in your own self.

So as the day 1 started we were supposed to jot down are hopes and fears. My hopes were learning something new and accepting that everyone has an unfamiliar perspective on the other hand my fear was how will I even connect with the people I never knew.

Day 2 and day 3 we were newly introduced to the topic of story telling through paper folding it was a pretty dissimilar experience. I learned something that was already in my interest area, so I had this passion to do all the task with perfections.



Day 4 we were made to think about the tv ad which attracted us the most and what was it that attracted the most like emotions or humour it can be anything. So, then we started to think critically in all aspects.

Day 5 and day 6 we were busy doing all the field work for our map book. It was a pretty hectic day because we were supposed to do a lot of field work going there approaching people to talk with me, share their life experiences and life leaning. First it felt difficult, but I managed to somehow complete the task.







Day 7, day 8 and day 9 were busy kind of day for us because on the last day we were having our presentations and we were supposed to make the map books on time using all the paper folding techniques and at the same time put in the effort of finding some stories

Day 10 was finally the big day because we had our presentation and due to god's grace, it all went well. Everyone was happy and sad at the same time because it was our last day.

I really think that ii would be able to apply this learning everywhere in future. Because critical thinking and story telling is something which helps to think beyond good and bad. It also helps to learn that there are stories and journeys everywhere around you try to grab as much as you can because that is the most important part in life.

Last but not the least I just want to thank my faculties Shudebhi ma'am and Probal sir who always motivated me not being a teacher but as my parents. Even if I did something wrong they were always there to find the good in it. And they always

allowed us to think in our own way and never stopped from doing want we wanted. Thank you so much sir and mam for being such an inspiration in this small journey. You changed me as a person.

## Thank you